

MEDICINE

- >> Ensure accurate data are available to assess health risks, status, and outcomes.
- >> Expand the availability of disaggregated data.
- >> Support data-sharing agreements among agencies and programs.
- >> Support longitudinal data collection on education and employment, including vocational education.
- >> Further explore genetic influences on disease.
- >> Explore telehealth solutions and other innovative technologies.
- >> Increase understanding of the available technology and how it can be utilized to increase health care access and support community and team-based care.
- >> Draw upon Native Hawaiian traditional practices.
- >> Improve access to care by continuing to improve acceptability of care and integrating traditional healing practices.
- >> Allocate resources for prevention programs aimed at youth and younger adults.
- >> Increase resources to develop and support a Native Hawaiian culturally adapted primary care system.
- >> Prioritize incorporation of collaborative integrative care approaches as well as cultural competency training in training programs for health care teams.
- >> Increase reliance on community-based health care teams and technology.
- >> Increase support for place-based care, incorporating communities and environments in which people live.

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A MESSAGE FROM PAPA OLA LŌKAHI

Welina mai,

Despite the hectic life we live sometimes, there's an essence of peace when the eye catches a plant, like that of the budding 'ama'u fern puka through the earth's ground, serving as a sign that a new generation of life is upon us. It is the privilege of Papa Ola Lōkahi to present *E Ola Mau a Mau – The Next Generation of Native Hawaiian Health*, an updated summary of achievements and challenges across key areas in Hawaiian health and well-being.

Enclosed in this brochure are recommendations from the individual task forces, which serve as measurable goals that will lead to an overall improvement of Native Hawaiian health and well-being. *E Ola Mau a Mau* in its entirety may be accessed at papaolalokahi.org.

This work could not have been completed without the many hands, knowledge, and passion of our kānaka for their well-being. That is the Hawaiian way—to come together around a common goal, build upon the 'ike of those who came before us who also visualized a thriving island people. Our lāhui is made up of Native Hawaiians that are responsible, capable, worthy, creative, motivated, and engaged family and community members. We collectively develop and effectively deploy resources from ancestral, cultural, linguistic, and traditional healing knowledge and practices. We wisely manage our natural resources; blend traditional, western, and complementary medicine; practice responsible science and research; and efficiently maximize use of private, public, and personal resources.

We know that when we thrive, all of Hawai'i thrives. Our deepest mahalo to all who devote themselves to Hawaiian well-being.

Sheri-Ann Daniels
Executive Director



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E OLA MAU A MAU

THE NEXT GENERATION OF NATIVE HAWAIIAN HEALTH

TASK FORCE RECOMMENDATIONS FOR IMPACT



HISTORICAL AND CULTURAL PERSPECTIVES

- >> Increase support for community engagement programs.
- >> Increase culturally based and culturally adapted interventions.
- >> Improve and ensure access by partnering with healthcare insurers/providers to complete due diligence for an optimal, affordable health insurance program that will shape Native Hawaiian population health strategies for care and wellness.
- >> Develop and train the workforce for traditional Native Hawaiian healers and cultural practitioners.
- >> Expand funding and resources.

Task Force Members: Naleen N. Andrade, Deborah Goebert, Earl Hishinuma, Earl Kawa'a, Tercia L. Ku, Lynette Paglinawan, Chelsey Ruth, Benjamin B.C. Young, Malia Tector-Agustin, Joy K. Andrade, Helen Kaleleonālani Blaisdell-Brennan, Kim Ku'ulei Birnie, Sheri Daniels, Shaylin Chock, Anaeliz Colon, Hailama Farden, Babette Galang, Blane Garcia, Pearl Ulunui kamamalu Kanaka'ole Garmon*, Loretta Hussey, Betty Jenkins, Nanette Kapulani Mossman Judd, Aletha Kaohi, Momi Lovell, Stanley Lum, George Makini, Eli Nāhulu, Asia Olivieri, Mark Patterson, Adriano (Puna) Sabagala, Dexter Soares, Hardy Spoehr, DeDe Young.

*Hali'a Aloha: Pearl Ulunui kamamalu Kanaka'ole Garmon, an esteemed kupuna and Traditional Native Hawaiian cultural practitioner, ua hala on May 10, 2018.

NUTRITION

- >> Provide Native Hawaiians and their families and communities with access to comprehensive nutrition programs and resources.
- >> Recognize and implement Traditional Hawaiian diets as health programs.
- >> Increase knowledge of traditional Hawaiian foods and practices while enhancing access.
- >> Work towards establishing food security and economic self-sufficiency in the Native Hawaiian community specifically and the general island population generally.
- >> Increase the Native Hawaiian professional workforce in nutrition education and the production of traditional Hawaiian foods.
- >> Increase access to healthy low-cost foods statewide, especially neighbor islands.
- >> Provide enhanced nutritional outreach and education to Native Hawaiians and their families to improved access, preparation and healthy eating.
- >> Develop specific public policy formulations relating to enhancing nutrition for Native Hawaiians.
- >> Enhance affordable technology and technology transfer for Native Hawaiian families and communities relating to good nutritional practices.

Task Force Members: Claire K. Hughes, Jodi Leslie Matsuo, Hardy Spoehr, Kim Ku'ulei Birnie, Billy Akutagawa, N. Kau'i Baumhofer, Marie Kainoa Revilla Fialkowski, Joseph Gonsalves Jr., Noella Kong, Analika Nāhulu, Jacqueline Ng-Osorio, Sharon Ka'iulani Odom, Donna Haunani Spix, Malia Tector-Agustin.

MENTAL AND BEHAVIORAL HEALTH AND WELLNESS

- >> Promulgate effective community engagement programs.
- >> Expand effective culturally based and culturally adapted prevention and treatment interventions.
- >> Decrease stigma and ensure access to services.
- >> Increase workforce development and training for behavioral health providers.
- >> Enhance funding and resources for mental health.
- >> Incorporate a systems approach that utilizes the socioecological model and focuses on long-term sustainability.

Task Force Members: Naleen N. Andrade, Deborah Goebert, Earl Hishinuma, Kate Leilani Kahoano, Pohaokalani Sonoda-Burgess, Jessi Cadorna, Isabella Ahrens, Kalei Chandler-Ahsing, Melissa Hamada, Kauano Kamanā, Noella Kong, Sasha Madan, Nālani Minton, Deja Ostrowski, Charlie Schlather, Aukahi Austin Seabury, Jeanelle Sugimoto-Matsuda, Ian Chun, Mark Alapaki Luke, Anaeliz Colon, Ciera Pagud, Adriano (Puna) Sabagala, Kealoha Fox, Palama Lee, Jane Ka'ala Pang, William Rezentos.

ORAL HEALTH

- >> Address oral health in connection with overall health.
- >> Increase oral health literacy and awareness.
- >> Develop diversified oral health workforce, including rural areas.
- >> Invest in prevention.
- >> Increase access to care to decrease oral health care disparities.
- >> Implement culturally adapted programs and practices.
- >> Systematically improve data collection relevant to Native Hawaiian oral health.

Task Force Members: Mikako Deguchi, Emi Eno Orikasa, Nancy Partika, Ciera Pagud, Kim Puente, Malia Tector-Agustin.

WORKFORCE DEVELOPMENT

- >> Broaden and maintain a thriving workforce to address Native Hawaiian healthcare needs.
- >> Develop and maintain a comprehensive, centralized data-collection and tracking system of healthcare workforce data specific to Native Hawaiians.
- >> Support existing effective education and training programs and develop and sustain new ones that will create a thriving workforce for Native Hawaiian health.
- >> Increase the quality and quantity of culturally relevant efforts for the workforce for Native Hawaiian health.
- >> Advocate for existing and new procedures, regulations, and policies that support a thriving workforce for Native Hawaiian health.
- >> Improve the quality of life, financial security, and resources necessary for a thriving workforce for Native Hawaiian health.

Task Force Members: Stephanie Bell, Thomas Chock, Robert Bullen, Phyllis Dayao, Nālani Minton, Sandie Morimoto-Ching, Vicki Lau, Ciera Pagud, Nāpualani Spock.

DATA GOVERNANCE

- >> Enforce use of OMB Statistical Directive 15 across all Federal agencies.
- >> Require State of Hawai'i agencies to similarly separate Asian American and Pacific Islander data. Furthermore, require the State to collect data as to whether client or beneficiary is Native Hawaiian, i.e. "Are you Native Hawaiian? YES or NO".
- >> Support, sustain, and expand the Native Hawaiian Data Governance Task Force.
- >> Strategically support and foster culturally meaningful, disaggregated data on Native Hawaiian health.
- >> Increase the coordination and governance of, and resources/funding for Native Hawaiian health data.
- >> Establish a sufficient workforce to optimize the utility of Native Hawaiian data.

Task Force Members: Emily Makahi, Jaclyn Kanilehua Kim, Kamahanahōkūlani Farrar, Jessica Garlock, Sylvia Hussey, Lorrin Kim, Adriano (Puna) Sabagala, Erika Vincent, Ka'ano'i Walk, Lisa Watkins-Victorino, Māhealani Yamaguchi, Jared Yurow, Kanoe Enos, Jan N. Nakamoto, Matt Turnure.