

E OLA MAU A MAU

THE NEXT GENERATION OF NATIVE HAWAIIAN HEALTH

Papa Ola Lōkahi

E OLA MAU A MAU – THE NEXT GENERATION OF NATIVE HAWAIIAN HEALTH

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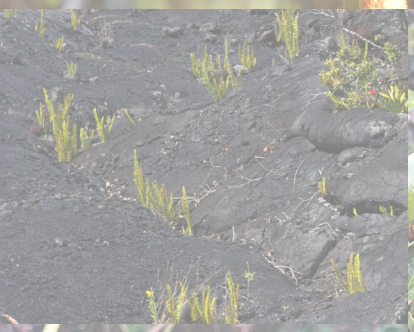
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This report is dedicated to Dr. Kekuni Blaisdell for his steadfast beliefs in raising the health of our lāhui through his hard work, dedication, and inspiration of others and of the coming generations of Native Hawaiians.

WELINA – A MESSAGE FROM PAPA OLA LŌKAHI

Despite the hectic life we live sometimes, there's an essence of peace when the eye catches a plant, like that of the budding ʻamaʻu fern puka through the earth's ground, serving as a sign that a new generation of life is upon us. It is the privilege of Papa Ola Lōkahi to present *E Ola Mau a Mau – The Next Generation of Native Hawaiian Health*, an updated summary of achievements and challenges across key areas in Hawaiian health and well-being

This work honors those kūpuna whose ʻike Hawaiʻi forged the path for this and future generations of our lāhui. Through the vision and work of pioneers, such as Dr. Kekuni Blaisdell, the landmark 1985 study set the foundation for Hawaiian health in identifying key areas and disparities that plagued our people. It has also been the catalyst for change in health policy, Native Hawaiian healing traditions, research and data ethics, health care, programs, and services.



SHERI-ANN DANIELS
EXECUTIVE DIRECTOR

E Ola Mau a Mau could not have been completed without the many hands, knowledge, and passion of our kānaka for their well-being. That is the Hawaiian way—to come together around a common goal, building upon the ʻike of those who came before us who also visualized a thriving island people. Our lāhui is made up of Native Hawaiians who are responsible, capable, worthy, creative, motivated, and engaged family and community members. We collectively develop and effectively deploy resources from ancestral, cultural, linguistic, and traditional healing knowledge and practices. We wisely manage our natural resources; blend traditional, western, andcomplementary medicine; practice responsible science and research; and efficiently optimize use of private, public, and personal resources.

Mahalo for the brilliance of our ancestors!

This report is the joint creation of many in the community whose contributions enable us to partner efficiently to address the recommendations in each of the chapters. These recommendations provide measurable goals that will lead to an overall improvement of Native Hawaiian health and well-being.

We know that when we thrive, all of Hawaiʻi thrives. Our deepest mahalo to all who devote themselves to Native Hawaiian health and well-being.

E ola mau!



On June 1, 2016, Papa Ola Lōkahi hosted a meeting in Honolulu brining together more than 100 people devoted to uplifting Native Hawaiian health and well-being. It was from that initial meeting that the task force working groups were formed and moved forward toward updating the 1985 report which has become *E Ola Mau a Mau – The Next Generation of Native Hawaiian Health*.

It has been an honor coordinating this compilation made possible by the commitment and dedication by task force chairs – Hardy Spoehr, Naleen N. Andrade, Sheri Daniels, Deborah Goebert, Earl Hishinuma, J. Keaweʻaimoku Kaholokula, Martina L. Kamaka, Selene LeGare, Heather Haynes, Claire Hughes, Jodi Leslie Matsuo, Kim Kuʻulei Birnie, Mikako Deguchi, Emi Eno Orikasa, Emily Makahi, Jaclyn Kanilehua Kim, Stephanie Bell and Thomas Chock – along with supporting authors.



TERCIA KU
PROJECT COORDINATOR

We acknowledge the many hours of writing, research and editing that has gone into this publication. Within each chapter lies the mana and the ʻike of these contributors.

Ua lehulehu a manomano ka ʻikena a ka Hawaiʻi.
Great and numerous is the knowledge of the Hawaiians.

Our journey is of self-determination, our destination is mauli ola! E Ola Mau a Mau provides guidance as we address the challenges ahead.

ʻIke no i ka lā o ka ʻike; mana no i ka lā o ka mana.
Know in the day of knowing; mana in the day of mana.
Knowledge and mana – each has its day.
Another day may bring greater knowledge and great mana than today.