

# HE ALO A HE ALO CONNECTICUT

## POPULATION

**3,598,348**

Total Population of Connecticut

**6,670**

Native Hawaiian and Pacific Islander (NHPI) (Alone or In Combination)\*

**1,229**

Native Hawaiian (NH) (Alone or In Combination)\*

## AGE DISTRIBUTION

Overall Population NH\* Population

**733,998**

Under 18 years

**2,140,864**

18 to 64 years

**650,772**

65 years & older

**1,665**

Under 18 years

**4,180**

18 to 64 years

**609**

65 years & older

## GENDER

**1,833,231**

Female Population

**3,396**

NHPI\* Female

**578**

NH\* Female

**1,765,117**

Male Population

**3,058**

NHPI\* Male

**598**

NH\* Male

## EDUCATION

**91.3%**

High School Graduate or Higher

**95.4%**

NH\* High School Graduate or Higher (2021)

**41.9%**

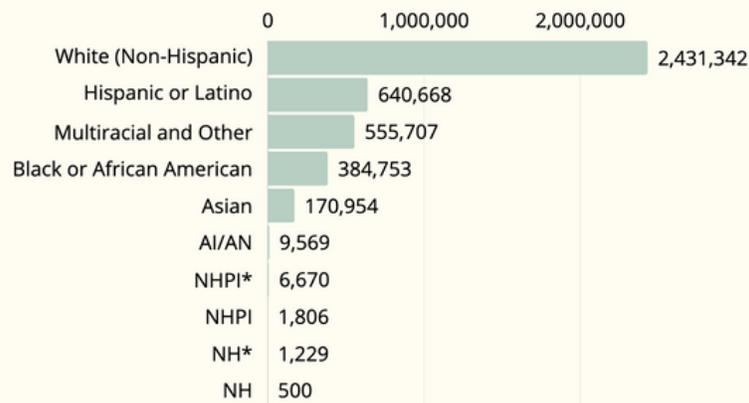
Bachelor's Degree or Higher

**32.0%**

NH\* Bachelor's Degree or Higher (2021)



## RACE & ETHNICITY



## NH COUNTIES

**1,738**

NHPI\* in Fairfield County

**1,326**

NHPI\* in Hartford County

**1,998**

NHPI\* in New Haven County

## HOUSEHOLD

2023

**1,420,170**

Total Households

2021

**433**

Total NH\* Households

2021

**2,097**

Total NHPI\* Households

**372,936**

Families with Children Households

**2.47**

Average Household Size

**90**

NH\* Families with Children Households

**2.65**

Average NH\* Household Size

**616**

NHPI\* Families with Children Households

**2.89**

Average NHPI\* Household Size



## INCOME & POVERTY

**\$93,760**

Median Household Income (2023)

**351,948**

Persons Below Poverty Line (2023)

Data

**Unavailable**

NH\* Median Household Income (2021)

**318**

NH\* Persons Below Poverty Line (2021)

**\$62,948**

NHPI\* Median Household Income (2021)

**1,018**

NHPI\* Persons Below Poverty Line (2021)

# Resources for Native Hawaiians in Connecticut

- **Cultural Foods, Festivals, Programs, & Resources**

- E Ho'omana me nā Kumu Waiwai: Empowering through Resources: <https://polhi.org/3Eorlsw>
- Aloha World: [www.alohaworld.com](http://www.alohaworld.com)
- Hawaiian Food by Paradise Multimedia: <https://www.orderhawaiianfood.com/>
- Asian Pacific American Heritage Resources: <https://asianpacificheritage.gov/index.html>
- Kaiholunuie Polynesian Dance: <https://kaiholunuie.com/>

- **Educational Resources**

- National Education Association - Teaching Asian American, Native Hawaiian, and Pacific Islander Heritage: [bit.ly/3Q5xNau](http://bit.ly/3Q5xNau)
- Common Sense Education - NHPI learning resources: <https://polhi.org/4hqYmTL>
- AAPI Data - <https://aapidata.com/>
- Asian Pacific Americans in Higher Education (APAHE): <http://apahenational.org/>
- National Pacific Islander Educator Network (NPIEN): <http://www.npien.com/>

- **Social and Support Services**

- Nami CT AANHPI Connection Support Group: <https://namict.org/?s=aanhpi>
- National Association of Asian American Professionals (NAAAP): <https://www.naaap.org/>
- Center for Pan Asian Community Services (CPACS): <https://www.cpacs.org/>
- White House Initiative on Asian Americans, Native Hawaiians, and Pacific Islanders (WHIAANHPI) - Resources: <https://www.hhs.gov/about/whiaanhpi/index.html>
- Online resource A Thriving Lāhui: [bit.ly/42H4nqR](http://bit.ly/42H4nqR)

- **Health and Wellness**

- The National Asian American Pacific Islander Mental Health Association (NAAPIMHA): <https://www.naapimha.org/>
- The AANHPI 'Ohana Center of Excellence: <https://aanhpi-ohana.org/>
- Association of Asian Pacific Community Health Organizations (AAPCHO): <https://aapcho.org/>
- Asian & Pacific Islander American Health Forum: <https://www.apiahf.org/>

- **Advocacy and Legal Assistance**

- Empowering Pacific Islander Communities (EPIC): <https://www.empoweredpi.org/>
- National Asian Pacific American Women's Forum (NAPAWF): <https://napawf.org/>
- National Queer Asian Pacific Islander Alliance: <https://www.nqapia.org/>
- OCA-Asian Pacific American Advocates: <https://www.ocanational.org/>
- Stop AAPI Hate: <https://stopaapihate.org/>
- Native Hawaiian Legal Corporation: <https://nativehawaiianlegalcorp.org/>
- Office of Hawaiian Affairs: <https://www.oha.org/>

- **Finance, Business, and Labor Support**

- Rural Community Toolbox: <https://www.ruralcommunitytoolbox.org/>
- Asian American Advocacy Fund: <https://asianamericanadvocacyfund.org/>
- Council for Native Hawaiian Advancement: <https://www.hawaiiancouncil.org/>
- Asian Pacific American Labor Alliance (APALA): <https://www.apalanet.org/>
- Native Hawaiian Organizations Association (NHOA): <https://www.nhoassociation.org/>

- **For more resources and information, visit [polhi.org/Listening](https://polhi.org/Listening)**

## Stay updated on Native Hawaiian opportunities and resources:

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 [www.papaolalokahi.org](http://www.papaolalokahi.org)

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**HE ALO A HE ALO**  
PROJECT OF PAPA OLA LŌKAHI

## Data Sources:

- U.S. Census Bureau's QuickFacts and USAFacts websites
- American Community Survey
- All data sources are based on 2023 information unless noted otherwise

## Abbreviations:

- NH: Native Hawaiian (Alone)
- NH\*: Native Hawaiian (Alone or in any combination)
- NHPI: Native Hawaiian and Pacific Islanders (Alone)
- NHPI\*: Native Hawaiian and Pacific Islanders (Alone or In Combination)