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POPULATION

3,195,937

Total Population of Iowa

7,768

Native Hawaiian and Pacific Islander (NHPI) (Alone or In Combination)*

1,598

Native Hawaiian (NH) (Alone or In Combination)*

AGE DISTRIBUTION

Overall Population NHPI* Population

736,579

Under 18 years

1,820,804

18 to 64 years

569,081

65 years & older

2,348

Under 18 years

4,278

18 to 64 years

368

65 years & older

GENDER

1,594,484

Female Population

3,330

NHPI* Female

723

NH* Female

1,601,453

Male Population

3,664

NHPI* Male

890

NH* Male

EDUCATION

94.3%

High School Graduate or Higher

78.4%

NH* High School Graduate or Higher (2021)

37.5%

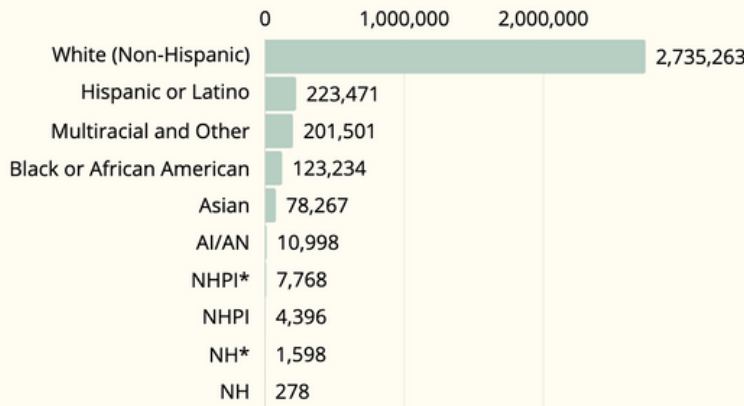
Bachelor's Degree or Higher

23.2%

NH* Bachelor's Degree or Higher (2021)



RACE & ETHNICITY



NH COUNTIES

791

NHPI* in Polk County

644

NHPI* in Dubuque County

HOUSEHOLD

2023

1,303,763

Total Households

348,590

Families with Children Households

2.38

Average Household Size

2021

1,981

Total NH* Households

289

NH* Families with Children Households

2.05

Average NH* Household Size

2021

755

Total NHPI* Households

801

NHPI* Families with Children Households

3.44

Average NHPI* Household Size



INCOME & POVERTY

\$73,147

Median Household Income (2023)

340,362

Persons Below Poverty Line (2023)

\$49,322

NH* Median Household Income (2021)

258

NH* Persons Below Poverty Line (2021)

\$53,538

NHPI* Median Household Income (2021)

1,426

NHPI* Persons Below Poverty Line (2021)

Resources for Native Hawaiians in Iowa

• Cultural Foods, Festivals, Programs, & Resources

- Monsoon Asians and Pacific Islanders in Solidarity: <https://monsooniowa.org/asians-in-iowa/>
- E Ho'omana me nā Kumu Waiwai: Empowering through Resources: <https://polhi.org/3Eorlsw>
- Aloha World: www.alohaworld.com
- Hawaiian Food by Paradise Multimedia: <https://www.orderhawaiianfood.com/>
- Asian Pacific American Heritage Resources: <https://asianpacificheritage.gov/index.html>

• Educational Resources

- National Education Association - Teaching Asian American, Native Hawaiian, and Pacific Islander Heritage: bit.ly/3Q5xNau
- Common Sense Education - NHPI learning resources: <https://polhi.org/4hqYmTL>
- AAPI Data - <https://aapidata.com/>
- Asian Pacific Americans in Higher Education (APAHE): <http://apahenational.org/>
- National Pacific Islander Educator Network (NPIEN): <http://www.npien.com/>
- The University of Iowa Resources Page for APINH Students: <https://admissions.uiowa.edu/resources-asian-pacific-islander-and-native-hawaiian-students>

• Social and Support Services

- National Association of Asian American Professionals (NAAAP): <https://www.naaap.org/>
- Center for Pan Asian Community Services (CPACS): <https://www.cpacs.org/>
- White House Initiative on Asian Americans, Native Hawaiians, and Pacific Islanders (WHIAANHPI) - Resources: <https://www.hhs.gov/about/whiaanhpi/index.html>
- Online resource A Thriving Lāhui: bit.ly/42H4nqR

• Health and Wellness

- The National Asian American Pacific Islander Mental Health Association (NAAPIMHA): <https://www.naapimha.org/>
- The AANHPI 'Ohana Center of Excellence: <https://aanhpi-ohana.org/>
- Association of Asian Pacific Community Health Organizations (AAPCHO): <https://aapcho.org/>
- Asian & Pacific Islander American Health Forum: <https://www.apiahf.org/>

• Advocacy and Legal Assistance

- Empowering Pacific Islander Communities (EPIC): <https://www.empoweredpi.org/>
- National Asian Pacific American Women's Forum (NAPAWF): <https://napawf.org/>
- National Queer Asian Pacific Islander Alliance: <https://www.nqapia.org/>
- OCA-Asian Pacific American Advocates: <https://www.ocanational.org/>
- Stop AAPI Hate: <https://stopaapihate.org/>
- Native Hawaiian Legal Corporation: <https://nativehawaiianlegalcorp.org/>
- Office of Hawaiian Affairs: <https://www.oha.org/>


• Finance, Business, and Labor Support


- Rural Community Toolbox: <https://www.ruralcommunitytoolbox.org/>
- Asian American Advocacy Fund: <https://asianamericanadvocacyfund.org/>
- Council for Native Hawaiian Advancement: <https://www.hawaiiancouncil.org/>
- Asian Pacific American Labor Alliance (APALA): <https://www.apalanet.org/>
- Native Hawaiian Organizations Association (NHOA): <https://www.nhoassociation.org/>


• For more resources and information, visit polhi.org/Listening


Stay updated on Native Hawaiian opportunities and resources:

 www.papaolalokahi.org

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 677 Ala Moana Blvd. Ste 720
Honolulu, HI | 96813



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Data Sources:

- U.S. Census Bureau's QuickFacts and USAFacts websites
- American Community Survey
- All data sources are based on 2023 information unless noted otherwise

Abbreviations:

- NH: Native Hawaiian (Alone)
- NH*: Native Hawaiian (Alone or in any combination)
- NHPI: Native Hawaiian and Pacific Islanders (Alone)
- NHPI*: Native Hawaiian and Pacific Islanders (Alone or In Combination)