

# HE ALO A HE ALO NEW HAMPSHIRE

## POPULATION

**1,387,834**

Total Population of New Hampshire

**1,820**

NHPI (Alone or In Combination)\*

**870**

Native Hawaiian (Alone or in combination)\*

## AGE DISTRIBUTION

Overall Population NHPI\* Population

**256,906**

Under 18 years

**830,346**

18 to 64 years

**270,525**

65 years & older

**415**

Under 18 years

**1,164**

18 to 64 years

**128**

65 years & older

## GENDER

**695,266**

Female Population

**927**

NHPI\* Female

**297**

NH\* Female

**692,568**

Male Population

**780**

NHPI\* Male

**383**

NH\* Male

## EDUCATION

**94.4%**

High School Graduate or Higher

**100%**

NH\* High School Graduate or Higher (2021)

**40.7%**

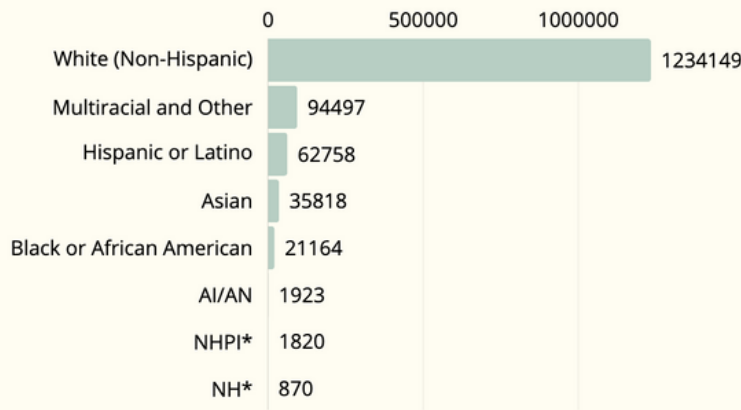
Bachelor's Degree or Higher

**35.1%**

NH\* Bachelor's Degree or Higher (2021)



## RACE & ETHNICITY



## NH COUNTIES

**Data Unavailable**

## HOUSEHOLD

2023

**551,186**

Total Households

**131,674**

Families with Children Households

**2.44**

Average Household Size

2021

**142**

Total NH\* Households

**N/A**

NH\* Families with Children Households

**4.62**

Average NH\* Household Size

2021

**432**

Total NHPI\* Households

**146**

NHPI\* Families with Children Households

**3.77**

Average NHPI\* Household Size



## INCOME & POVERTY

**\$95,628**

Median Household Income (2023)

**96,457**

Persons Below Poverty Line (2023)

**N/A**

NH\* Median Household Income (2021)

**N/A**

NH\* Persons Below Poverty Line (2021)

**\$37,397**

NHPI\* Median Household Income (2021)

**84**

NHPI\* Persons Below Poverty Line (2021)

# Resources for Native Hawaiians in New Hampshire

- **Cultural Foods, Festivals, Programs, & Resources**

- NH-VT AAPI Alliance: <https://www.facebook.com/people/NH-VT-AAPI-Alliance/100090897530011/>
- Keene International Market: <https://keeneinternationalmarket.com/>
- Keene International Festival: <https://keeneinternationalfestival.org/>
- New England BIPOC Fest: <https://www.newenglandbipocfest.com/>
- Concord Multicultural Festival: <https://concordnhmulticulturalfestival.org/welcome-1>
- Nashua Multicultural Festival: <https://www.nashuanh.gov/1237/Nashua-Multicultural-Festival>
- E Ho'omana me nā Kumu Waiwai: Empowering through Resources: <https://polhi.org/3Eorlsw>
- Aloha World: [www.alohaworld.com](http://www.alohaworld.com)
- Hawaiian Food by Paradise Multimedia: <https://www.orderhawaiianfood.com/>
- Asian Pacific American Heritage Resources: <https://asianpacificheritage.gov/index.html>

- **Educational Resources**

- Hōkūpa'a NAP Student Club at Dartmouth: <https://students.dartmouth.edu/nap/advising/student-group-advising/hokupaa>
- University of New Hampshire United Asian Coalition (UAC): <https://unh.presence.io/organization/united-asian-coalition-uac>
- Nantucket Historical Association: <https://nha.org/research/nantucket-history/history-topics/native-hawaiian-whalers-in-nantucket-1820-60/>
- National Education Association - Teaching Asian American, Native Hawaiian, and Pacific Islander Heritage: [bit.ly/3Q5xNau](http://bit.ly/3Q5xNau)
- Common Sense Education - NHPI learning resources: <https://polhi.org/4hqYmTL>
- AAPI Data - <https://aapidata.com/>
- Asian Pacific Americans in Higher Education (APAHE): <http://apahenational.org/>
- National Pacific Islander Educator Network (NPIEN): <http://www.npien.com/>

- **Social and Support Services**

- National Association of Asian American Professionals (NAAAP): <https://www.naaap.org/>
- Center for Pan Asian Community Services (CPACS): <https://www.cpacs.org/>
- White House Initiative on Asian Americans, Native Hawaiians, and Pacific Islanders (WHIAANHPI) - Resources: <https://www.hhs.gov/about/whiaanhpi/index.html>
- Online resource A Thriving Lāhui: [bit.ly/42H4nqR](http://bit.ly/42H4nqR)

- **Health and Wellness**

- The National Asian American Pacific Islander Mental Health Association (NAAPIMHA): [bit.ly/40RdbrB](http://bit.ly/40RdbrB)
- The AANHPI 'Ohana Center of Excellence: <https://aanhpi-ohana.org/>
- Association of Asian Pacific Community Health Organizations (AAPCHO): <https://aapcho.org/>
- Asian & Pacific Islander American Health Forum: <https://www.apiahf.org/>

# Resources for Native Hawaiians in New Hampshire

- **Advocacy and Legal Assistance**

- Empowering Pacific Islander Communities (EPIC): <https://www.empoweredpi.org/>
- National Asian Pacific American Women's Forum (NAPAWF): <https://napawf.org/>
- National Queer Asian Pacific Islander Alliance: <https://www.nqapia.org/>
- OCA-Asian Pacific American Advocates: <https://www.ocanational.org/>
- Stop AAPI Hate: <https://stopaapihate.org/>
- Native Hawaiian Legal Corporation: <https://nativehawaiianlegalcorp.org/>
- Office of Hawaiian Affairs: <https://www.oha.org/>


- **Finance, Business, and Labor Support**


- Rural Community Toolbox: <https://www.ruralcommunitytoolbox.org/>
- Council for Native Hawaiian Advancement: <https://www.hawaiiancouncil.org/>
- Asian Pacific American Labor Alliance (APALA): <https://www.apalanet.org/>
- Native Hawaiian Organizations Association (NHOA): <https://www.nhoassociation.org/>


- **For more resources and information, visit [polhi.org/Listening](https://polhi.org/)**


## Stay updated on Native Hawaiian opportunities and resources:




 [www.papaolalokahi.org](http://www.papaolalokahi.org)

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## Data Sources:

- U.S. Census Bureau's QuickFacts and USAFacts websites
- American Community Survey
- All data sources are based on 2023 information unless noted otherwise

## Abbreviations:

- NH: Native Hawaiian (Alone)
- NH\*: Native Hawaiian and Pacific Islanders (Alone or In Combination)
- NHPI: Native Hawaiian and Pacific Islanders (Alone)
- NHPI\*: Native Hawaiian and Pacific Islanders (Alone or In Combination)