

Are You Pregnant & Live in the Ko'olau Region?

Researchers from the University of Hawai'i are inviting pregnant women from Ko'olaupoko and Ko'olauloa to participate in a 4-week research project

You May Qualify If You:

- Are at least 18 years old
- Are at least 10 weeks pregnant
- Live in the Ko'olau region (Waimanalo to Kahuku)
- No pre-existing health conditions
- Own a smartphone
- Able to read and write in English

The purpose of this research is to learn more about how eating poi may support health during pregnancy

Participants may receive up to \$385 in compensation for their time and effort in the study

If You Join, You Will:

- Receive 1 lb of poi daily for 4 weeks
- Complete research questionnaires
- Provide self-collected vaginal swabs
- Receive compensation for your time and participation



For more information, contact:

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